

# Second International Symposium on Adipobiology and Adipopharmacology (ISAA)

23-25 October 2009, Varna, Bulgaria

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## **Scientific Organizing Secretariat**

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# LETTER FROM THE CHAIRMAN

## A Symposium for our times

*Dear Colleagues,*

*When someone declared that life is an evil,  
Diogenes said: Not life itself, but living ill.*

It is our pleasure to invite you to Varna on 23-25 October 2009 for the Second International Symposium on Adipobiology and Adipopharmacology (ISAA). This Symposium is held biannually and organized by the Bulgarian Society for Cell Biology in collaboration with the Bulgarian Society for Respiratory Diseases, the Institute of Neurobiology at the Bulgarian Academy of Science, and the Medical University of Varna. The Symposium offers a prestigious forum for the presentation of new basic, translational and clinical research on adipobiology and adipopharmacology.

Adipobiology, particularly adipoendocrinology, investigates molecular and cellular mechanisms mediated via adipose tissue in health and disease, whereas adipose-targeted pharmacology may create novel therapeutic approaches in obesity and related cardiometabolic diseases such as atherosclerosis, hypertension, type 2 diabetes and the metabolic syndrome, the adipose dysfunction being their underlying cause. In 2005, the World Health Organization estimated that approximately 1.6 billion adults were overweight and at least 400 million of them clinically obese. In the last 2-3 decades, such a phenotype modulation has resulted in the delivery of *Homo obesus* whose life, beyond cardiometabolic diseases, is associated with liver, lung, ovary and neurodegenerative diseases, as well as certain types of cancer. Obesity is also a major contributor to the global burden of reduced quality of life and enhanced morbidity.

The Symposium is designed to provide a state-of-the-science overview of recent advances in adipobiology and adipopharmacology. We hope that you will join us for what promises to be a stimulating scientific, educational and friendly event and we look forward to welcoming you to Varna. Together we will capture the scope and depth of the exciting field of adipobiology and adipopharmacology.

George N. Chaldakov, MD, PhD

# PROGRAM

The format of the Symposium will include four oral sessions, each session initiated by the invited speaker, followed by speakers selected from submitted abstracts.

## **Friday, 23 October 2009**

Registration: 3 - 6 PM

Fee (payable *in situ*): 170.- Euros

For Bulgarians: 50.- BGN

Fees include (i) participation in all scientific sessions, (ii) Symposium bag including a copy of volume 1, 2009 of *Adipobiology*, an International Journal of Adipose Tissue in Health and Disease, (iii) invitation to the welcome party, (iii) lunch on Saturday 24 October, (iv) invitation to the gala dinner, and (v) trip to Nessebar and Burgas (cities along the Black sea, about 90-130 km South from Varna).

We are eager to have as many young people as possible attend since they are likely to benefit most from this Symposium; hence, no registration fee for students.

Welcome party: 7 PM

## **Saturday, 24 October 2009**

Opening: 8:30 AM

Sessions, including coffee break: 9 AM - 1 PM

Lunch: 1:15 - 2:15 PM

Sessions, including coffee break: 2:30 - 7 PM

Gala dinner: 8 PM

## **Sunday, 25 October, 2009**

Trip to Nessebar and Burgas.

# ABSTRACT SUBMISSION INFORMATION

**Abstract deadline:** 31 July 2009

**Abstract notifications:** 15 August 2009

**Abstract submission to:**

kostov\_dimitar@yahoo.com

Cc: chaldakov@yahoo.com

Please organize your abstract to include title (in capitals), authors/affiliations, and e-mail address of the corresponding author, followed by two double-spaced pages, font 12, Times New Roman, written in complete sentences, without subheadings and citing references.

All abstracts will be peer-reviewed and ranked on the basis of scientific merit. The Organizers will use these rankings to develop the final program of the Symposium.

The Abstracts will be published in *Adipobiology* volume 1, 2009.

**Advertisements** (one page) of companies producing drugs, biomedical products and/or laboratory instruments will be published in *Adipobiology* 1, 2009. First come-first served advertisement assignments begin on 1 March 2009.

For more details and/or for different sponsorship opportunities kindly contact:

kostov\_dimitar@yahoo.com

## DATES TO REMEMBER

Abstract submission deadline: 31 July 2009

Welcome-Weldrink party: Friday, 23 October 2009, 7 PM

## NOTE

*Please find the Registration Form attached in a separate file; complete and send it to:*

kostov\_dimitar@yahoo.com

Cc: chaldakov@yahoo.com